

Scale of fees

The following fees are valid until 1st April 2005. As of April 2004, chiropractic services are presently exempt VAT.

To simplify paperwork, please settle your fee at each visit. Cash or cheques please, regret no cards accepted as no facility at the clinic.

New-patient first appointment.

With or without examination and with or without any treatment: £45

Established patient follow-on appointment.

With any examination and / or with any treatment : £30

Established patient follow-on consultation or advice.

Without any examination and without any treatment : £15

Viewing pre-existing X-Rays or MRI scans at South Hams District Hospital.

Per my hospital visit (agreed in advance) : £20

Home or hotel attendance.

(Only available as clinically indicated, as an emergency, within South Hams).

Fee in addition to any of above : £50

X-Rays arranged (per body X-Ray region) :

Fee on request, dependant on current charge by NHS hospital to me : £Dependent

MRI scans arranged (per body MRI region) :

Fee on request, settled direct : £Dependent

Ethics

I am bound by no less than two separate codes of professional ethics, namely registered by the General Chiropractic Council and also as a member of the British Chiropractic Association.

You can therefore be assured that you will always be given the most ethical and honest advice about your condition and on the amount of treatment that is necessary.

The clinic in central Ivybridge is

- Superbly equipped
- Well appointed
- Private changing with exam gowns provided
- Well heated
- Air conditioned
- Centrally located for convenient access
- Close to major car parks including short stay parking

If you would like to make or change an appointment : I am often fully booked, especially if you require a specific day, so please call as soon as possible.

If you require urgent treatment :
Please call the number, we will try to help.

Graeme M. Kurvers

B.Sc.(Hons)., M.Sc.(Chiro), Dip. Chiro. DC, MCC.
of

Kingsbridge Chiropractic Clinic

CHIROPRACTOR

Member British Chiropractic Association (BCA)

Member College Chiropractors

Registered General Chiropractic Council

Back & leg pain

Head, neck & arm pain

Sports injury

Muscular problems

Slim to heavyweights

Very frail to power athletes

Early teens to very mature

Post surgical & accident cases

Acute agony & emergencies

Nervous patients welcome

Courteous service a pleasure

Natural Health Centre,

Glanvilles Mill,

IVYBRIDGE

01752 894197

Chiropractors are recommended

The Royal College of General Practitioners advises doctors, in appropriate cases, to consider using chiropractic services. Solicitors can send whiplash accident clients for treatment.

Some patients come by way of recommendation from persons such as health professionals, fitness trainers, golf professionals, and dance teachers.

As a general rule, satisfied patients referring family or friends form a large percentage of new patient introductions.

Self-employed persons, particularly farmers, builders and hairdressers, or persons reliant on production or overtime bonuses, come to chiropractors to help limit time and money lost from incapacity. Some persons are concerned that a chronic ongoing back or neck problem not only causes inconvenient time off, but may affect their promotion or job prospects and financial security. Some employers are happy to pay completely or toward chiropractic care for their employees, to save overall production or time loss.

Consultation, exam and diagnosis

You will be allocated appointment time durations to allow discussion, examination and treatment in an **unhurried** manner. Overall, the aim is to arrive at a competent, realistic, clinical diagnosis of your condition and a plan for your likely recovery, taking into account your history and the results of examinations. Then treat you or refer you as required. **In other words aim to find it, aim to fix it, then aim to prevent it recurring.** That sounds simple. In practice, it is anything but simple. Mere symptoms alone rarely give much indication as to what is wrong. Sometimes the pain may be coming from a different area, such as a low back problem causing foot pain. Sometimes ankle and foot problems cause problems higher up, such as knee, hip or low back pain.

After being asked to fill in a simple administration form, all patients are asked about their previous medical history, and receive an in-depth consultation.

In addition, patients may receive some or all of the following, according to clinical need.

As Clinically Indicated :

(in no specific order of importance)

- **Orthopaedic examination**
- **Neurological examination**
- **Analysis : Posture, weight line & walk**
- **Evaluation of spinal motion / function**
- **Joint motion mechanics tests**
- **Muscle and ligament assessment**
- **Flexibility & movement evaluation**
- **X-Rays arranged (South Hams Hosp.)**
- **MRI Scan arranged (Derriford Hosp.)**
- **Liaison With G.P. / Specialist**
- **Liaison with insurance companies and your accident solicitor**

Your overall health takes precedence to simple aches and pains, and you can be assured that chiropractors are well trained and qualified to know if and when a patient requires urgent or routine referral to another specialist or their GP. **If your condition, or anything within the remit of your general health requires referral to another specialist, the hospital or your GP, an immediate action will take place.**

Reassessment and maintenance care

Continual reassessment is the foundation of ongoing treatment. This allows the soonest progression for reducing drugs, return to exercise, back to work and full activity. As well as an aim of initial control and improvement in your condition, follow up treatments may be necessary if the condition is likely to recur. Your long term needs are assessed as well as any immediate action needed.

Treatment programme

If your condition is diagnosed as treatable within the clinic, you will have a full explanation in **plain English** of your problem and how I may help. You will also be advised of any alternatives or risks involved. You can then make a professionally informed choice as to **your** treatment options.

If clinically assessed for you as indicated and safe:

(in no specific order of delivery or importance)

- **Highly-skilled specific manipulation :**
 - **Comfortable, pain-free techniques**
 - **Gentle and very controlled forces**
- **Joint mobilization**
- **Muscle, ligaments and general soft-tissue structures techniques :**
 - **G5 Power vibromassage system**
 - **Deep-tissue remedial-type massage using various lotions and creams**
 - **Trigger point release work**
 - **Positional muscle release**
- **Passive stretching of muscle**
- **Specialised hi-tech electrotherapy for acute pain control, reducing inflamm / swelling and easing muscle trigger points :**
 - **LASER system therapy**
 - **H-Wave neuro stimulation**
 - **Interferential current**
 - **Ultrasound therapy (not scan)**
- **Stretching demos for you to do at home**
- **Rehabilitation exercise programme**
- **Free loan of home rehabilitation equipment for your prescribed period**
- **Posture, exercise & ergonomic advice**
- **Follow-on periodic maintenance care if likely to help maintain your benefit gained**

In many cases, parallel treatment, in conjunction with your G.P., together with any drugs suitable, may be beneficial. Chiropractors are not in competition with your G.P. but complement the overall healthcare delivery system.